# **NXT**LACROSSE | GIRLS

## **CLUB PROFILE**

- Founded in 2015
- 18 teams from 3rd 12th grade
- 40+ high schools represented Year-round training
- 10 current & former college coaches
- College commitments to Syracuse, Virginia, Princeton, Harvard, Florida, etc.

## **NIKE PARTNERSHIP**

NXT has entered a five-year partnership with global sports leader Nike. NXT will be among the first club teams to be head-to-toe in Nike. The uniforms and practice gear packs are included in the price of tuition along with the option to purchase additional gear items at discounted prices.

## **OUR PHILOSOPHY**

Our club model is to develop and challenge elite players who are committed to playing lacrosse year-round. While we are heavily focused on developing the elite lacrosse player, we also encourage the multi-sport athlete. Expert coaches, cutting edge curriculum, elite competition and professionalism, are infused into all NXT Lacrosse club teams.

## FULL TIME STAFF

KATE HENWOOD | Executive Vice President of NXT Girls Lacrosse

kate.henwood@nxtsports.com Former DI Head Coach, UC Davis • Former DI Assistant Coach, Villanova •Former DI, All Conference Player La Salle University • Earned 2 PIAA State Championships as Head Coach, Garnet Valley HS

CANDACE TAGLIANETTI BOSSELL | Vice President of NXT LC & Education

### candace@nxtsports.com

Former DI Head Coach • La Salle University, Winningest Coach in program History • 2X Atlantic Ten Coach of the Year • Philly Lacrosse Coach of the Year • Mid-Atlantic Region Coach of the Year Nominee • Former 2-Sport Athlete, Dhio State University

JESSI LIEB MARTIN | Girls Lacrosse Coordinator

jessi.martin@nxtsports.com Former US National Team Member • IWLCA All American, Penn State • 3X Tewaaraton Pre-Season Watch List • Former DI Assistant Coach. La Salle

### LAURIE TORTORELLI DELUCA | Director of NXT LC & Education

laurie.deluca@nxtsports.com Former DI Assistant Coach, Cornell & Duke •IWLCA All American, University of Delaware • 3X IWLCA All

Region • 2nd All Time in Career Saves, Save %, Minutes Played CHELSEA ROSIEK | Director of Girls Lacrosse Events

chelsea.rosiek@nxtsports.com Former DI Head Coach, St. Bonaventure • Assistant Coach, Robert Morris University

## **GOALIE COACHING STAFF**

LAURIE DELUCA | Lead Goalie Trainer Former DI Goalie, University of Delaware, Former DI Assistant Coach • Cornell, Duke

### MELINA AVERY | Lead Goalie Trainer

Former DI Goalie, Syracuse University • Owen J Roberts Assistant Coach

GABBY CURRY | Lead Goalie Trainer Former DIII Goalie, Neumann University • Neumann University Assistant Coach MARA SCHNELLENBACH | Guest Goalie Trainer

Former DI Goalie, La Salle University • Ridley Assistant Coach

KYLIE FLETT | Guest Goalie Trainer

Former DI Assistant Coach, La Salle University • Team Australia • U19 Team Australia Medal Winner **STEPH ELLIS** | Guest Goalie Trainer Former DI Goalie, Peno State, University

## COLLEGE GUIDANCE PROGRAM

Alongside Candace Bossell, our recruiting coordinator, there are four former DI Coaches on our staff, along with 1 current D3 recruiting liaison, **Jenn Willis**. We utilize our extensive experience to provide all of our recruiting in-house. Our high school players get access to IWLCARecruits, so we can support every player's unique journey throughout their recruiting process.

## YEAR-ROUND TRAINING

In the fall & summer, we practice 1-2 days weekly with 3-5 tournaments on the weekends. In the winter we provide indoor training in addition to optional supplemental skill sessions. In the spring we offer training in conjunction with a







## **TUITION POLICY + PAYMENT PLANS**

NXT provides unprecedented value in exchange for your commitment.

### 2022-2023 TUITION PAYMENT OPTIONS

(Payments are processed online via credit card)

OPTION 1: Pay in Full

**DPTION 2:** Pay 6 installments with 25% tuition deposit starting on invitation date  $*_{N/A \text{ for Phila Stars}}$ 

## ACCESS TO ELITE EVENTS AND FACILITIES

NXT LC is part of the 3 Step ecosystem which provides access to Robinson Sports, NXT and 3D events, NGLL leagues and National Training Academies. As a NXT LC member, you will receive discounts to our renowned fundamental and elite training programs and camps throughout the year. Our club operates out of The Proving Grounds, a state of the art synthetic turf complex.

## SAFETY IS PARAMOUNT

NXT employs a full-time Director of Health and Participant Safety and we have an athletic trainer on the sidelines for every practice to ensure player safety. All coaches are background checked, PA Act 153 compliant, and are CPR/First Aid Certified

## PARTNERSHIPS

NXT's partnerships continue to grow at a rapid rate. Partners like Next Level Video, give our players access to high-quality video packages and industry-leading highlight reels at discounted prices with many of the benefits already incorporated into the high school tuition. All players have access to IM Health, a premiere strength, conditioning and agility program with discounted drop in rates, GreenePsych Health for sport psych and other mental health care needs and Chop Care network for priority scheduling after injuries.

## MARKETING SUPPORT

We take pride in following and promoting our NXT LC Girls of all ages on our social media channels. Check out our feeds to see updates at live events, learn more about our culture, and get a behind-the-scenes look at what it means to play for NXT.

## LEAD COACHES

LIAH AGOURAS | Marymount Alum • 2x All Conference • Starter • 2x All State

KARA STROUP CLARK | Lower Merion Head Coach • Temple Alum • 4yr Starter • 2x Captain KAT CONNELLY | Towson Alum

TIKI DONNELLY | Alvernia Alum • 4 yr Starter

ELIZABETH WEBER GAINER | Eastern University, Head Coach • Loyola University Starter

CAROLINE GRASSO | University of Delaware • 4 yr Starter • WCLA National Champion

REX HAYES | US Naval Academy • Former Professional Lacrosse Player • Baltimore Thunder
LAUREN HUGHES | Cabrini Alum • Starter

SARAH HUGHES | Saint Joe's Alum • Starter

SHEA MCARDLE | Robert Morris University Alum • Starter • MAC Defensive Player of the Year

JALEN MIDDLEBROOKS | Chestnut Hill College, Head Coach • St. Bonaventure Alum

KIRSTEN MONTE | Wagner College Alum • Starter

JACKIE NEARY | Cabrini University, Head Coach • Hall of Fame • All American

JALEN MIDDLEBROOKS | Chestnut Hill College, Head Coach • St. Bonaventure Alum

JULES RAUCCI | Drexel Men's Alum • 3yr Starter

DAVID SCHLESINGER | Colgate University • Owen J Roberts HS, Head Coach

KELSEY THOENSON | Albright College, Assistant Coach • Slippery Rock Alum • 3yr Starter

 $\textbf{CHUCK WURZBACH} \mid \textbf{WissLax Director} \boldsymbol{\cdot} \textbf{Wissahickon HS, Assistant}$ 

## ASSISTANTS & SUMMER COACHES

REPRESENT THE FOLLOWING UNIVERSITIES & COLLEGES ALBRIGHT · CINCINNATI · DELAWARE · DUQUESNE · FAIRFIELD · LEBANON VALLEY · LOUISVILLE · MERCER · NORTH CAROLINA · OHIO STATE · PENN STATE · SYRACUSE · TEMPLE · UC DAVIS



555 North Lane, Ste 5025 Conshohocken, PA 19428 610-667-6100

## MIDDLE SCHOOL

### NXT 2027 8TH GRADERS

### 2022-23 SCHEDULE

Fall: Practice 1x/wk and competition in 4 events in Sept - Nov - NXT Fall Classic, Philly Invitational, Next Generation, Level 8

Winter: 4 group clinics + pickup

Spring: Spring Play Days 2-3, practices coinciding

**Summer:** Practice 2 / week and competition in 4 events

 Impulse Lax Fest, Continental Cup, Top Threat/Genesis Origins/Live Love\* volt/black, Crabcake, MidAtlantic

### **GEAR PACK**

- Nike uniform
- Nike Practice Pinnie
- STX goggles
- Nike backpack
- Nike shorts
- Nike t-shirt
- Nike long sleeve top
- Nike pant

- Up to 2 coaches
- Up to 22 players
- 27 practices at elite facilities
- 40.5 training hours
- 8 event days + 3 play days
- Athletic Trainer at every practice
- Discounts to Play Fast & NLA

### TOTAL COST - BLACK | \$3,550

#### TOTAL COST - VOLT | \$3,400

Payment Plan Options: 1 or 2

### NXT 2028 7TH GRADERS

### 2022-23 SCHEDULE

Fall: Practice 1x/wk and competition in 4 events in Sept-Oct - Next Generation, NXT Fall Classic, The Crown, Platinum Games

Winter: 4 group clinics + pickup

Spring: Spring Play Days 2-3, practices coinciding

Summer: Practice 2 / week and competition in 4 events - Impulse Lax Fest, All American, Trident/Genesis Origins\* volt/black, Crabcake

### **GEAR PACK**

- Nike uniform
- Nike Practice Pinnie
- STX goggles
- Nike backpack
- Nike shorts
- Nike t-shirt
- Nike long sleeve top
- Nike pant

### • Up to 2 coaches

- Up to 22 players
- 25 practices at elite facilities
- 40.5 training hours
- 8 event days + 3 play days
- Athletic Trainer at every practice
- Discounts to Play Fast & NLA

### TOTAL COST - BLACK | \$3,350

- **TOTAL COST VOLT** | \$3,200
- Payment Plan Options: 1 or 2x

### NXT 2029 6TH GRADERS

### 2022-23 SCHEDULE

Fall: Practice 1x/wk and competition in 4 events in Sept - Nov - NXT Fall Classic, Platinum Games, Next Generation. The Crown

Winter: 4 group clinics + pickup

Spring: Spring Play Days 2-3, practices coinciding

Summer: Practice 1-2 / week and competition in 4 events - Impulse Lax Fest, All American, Trident\* volt, Genesis Origins\* black, Crabcake

### **GEAR PACK**

- Nike uniform
- Nike Practice Pinnie
- STX goggles
  Nike backpack
- Nike t-shirt
- Nike long sleeve top
- Up to 22 players 25 practices at elite facilities

• Up to 2 coaches

- 38.5 training hours
- 8 event days + 3 play days
- Athletic Trainer at every practice
- Discounts to Play Fast & NLA

TOTAL COST - BLACK | \$3,150

- TOTAL COST VOLT| \$3,000
- Payment Plan Options: 1 or 2

## NXT LC GOALIES

### TRAINING

- 10+ hours of goalie specific training (All goalies receive access to 3 Goalie Academy trainings included with cost)
- Discounts to Play Fast, Summer NLA & NXT Goalie Academy
- NXT LC grad year soft goods items plus STX gloves

